

**Lesson:
Balloon Questions**

**Length of lesson:
20 Minutes**

Materials:

- Small cut outs of paper labeled with the different topics
- Balloons

Discussion Summary:

Sometimes it could be uneasy prompting discussion on things such as sex, drugs, alcohol, or sex trafficking. Balloon questions are a silly way to get the girls more comfortable about learning and talking about these subjects. This game is a great introduction into the risky topics following in this module. It allows the girls to ask questions and talk freely about what they may know regarding these subjects. It's also essential for the facilitator to dispel any myths within this time that the girls may have heard, also to gauge and prioritize certain topics that they find will be most useful to the group as a whole.

1. Prepare the question balloons ahead of time by writing on 5 separate pieces of paper the words: sex, sex trafficking, drugs, bullying and alcohol. Drop each slip of paper into 5 separate balloons, blow up the balloons and tie them.
2. Start the discussion by explaining that some topics may be a little more difficult to discuss than other topics, however it is very important to be informed and educated about these topics.
3. Choose two volunteers to get into the middle of the circle with a balloon. The two girls will have to work together to pop the balloon by squeezing the balloon between their backs or hips.
4. Once the balloon pops, the girls will compete to find the topic amongst the remnants of the popped balloon and read it aloud.

5. Once the topic is read to the group, prompt questions, thoughts or let the girls share any information they may have on each topic.

